- **www.raingod.com/angus/Gallery/Photos/Africa/SouthAfrica/KwaZuluAnimals.html**
  This Web site has many beautiful photographs of the wildlife in South Africa.

Suggested Print Resources

- Raatma. Lucia. *South Africa.* Compass Point Books, Mankato, MN; 2001.
- Seeger, Pete and Michael Hays. *Abiyoyo: Based on a South African Lullaby and Folk Story.* Simon and Schuster, New York, NY; 1994.

TEACHER'S GUIDE

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Families Around The World Video Series includes these 24 programs:

- MY FAMILY FROM BRAZIL
- MY FAMILY FROM BURKINA FASO
- MY FAMILY FROM CHILE
- MY FAMILY FROM CHINA
- MY FAMILY FROM COSTA RICA
- MY FAMILY FROM CUBA
- MY FAMILY FROM ENGLAND
- MY FAMILY FROM FRANCE
- MY FAMILY FROM GREENLAND
- MY FAMILY FROM ICELAND
- MY FAMILY FROM INDIA
- MY FAMILY FROM ISRAEL
- MY FAMILY FROM ITALY
- MY FAMILY FROM JAPAN
- MY FAMILY FROM JORDAN
- MY FAMILY FROM LAPLAND
- MY FAMILY FROM LOS ANGELES
- MY FAMILY FROM NEW YORK CITY
- MY FAMILY FROM SERBIA-MONTENEGRO
- MY FAMILY FROM SOUTH AFRICA
- MY FAMILY FROM SOUTH KOREA
- MY FAMILY FROM VIETNAM
- MY INUIT FAMILY FROM CANADA
- MY XHOSA FAMILY FROM SOUTH AFRICA

Teacher's Guides Included and Available Online at:

800-843-3620

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TEACHER'S GUIDE

Families Around the World™

My Family from South Africa

Grades K–4

From Asia to Africa, city to suburb, or rural farm to tropical rain forest, the presence of the family is common to all people and present in every culture throughout the world. Studying families from different places helps us to learn and appreciate both the similarities and differences between ourselves and others. Also, through exposure to cultures that are unfamiliar to them, children can learn to be accepting of people, lifestyles and traditions that may be very different from their own. The family — that special group of adults and children who care for, love, protect, and help each other — is both explored and celebrated in *Families Around the World.*

Program Summary

In *My Family from South Africa,* students will meet Barbara and her extended family who live in the tiny village of Onseepkans, in South Africa. Barbara's mother works in a restaurant in Namibia so Barbara doesn't see her very often. But between her grandma, grandpa and aunt, she has lots of relatives around to take care of her. Barbara also likes to help take care of her younger relatives, especially her cousin, Landolf. He's just a baby, but Barbara is learning how to give him a bath. Barbara loves learning how to care for her young cousin, and also learning how to help with other chores from her Aunt Wilemina, like baking bread and doing the laundry. Barbara's parents are no longer together, but Barbara visits her father regularly. In fact, it is her special job to bring him wood which he uses for cooking. Barbara's father enjoys her company, and they usually just sit and talk and share funny stories. When it comes to stories though, Barbara's grandpa is the best! He shares stories about God, life, and their family history. But the stories that Barbara enjoys the most are the ones about her parents when they were children. At the moment, Barbara and her family are preparing for an Easter celebration. After attending mass, the family will enjoy a feast including barbecued meat, rolls, known as *braai*, and *pap*, a traditional cornflour dish.

Geographical Information

The Republic of South Africa is the southernmost country on the continent of Africa. It has a land area of approximately 1.2 million square kilometers, and is bordered by Namibia, Botswana, Zimbabwe, Mozambique and Swaziland. Its coastlines border the Indian and Atlantic Oceans. South Africa's climate is semiarid and subtropical along the east coast. The country generally has sunny days and cool nights. South Africa is a very culturally diverse country evidenced by the eleven official languages that are spoken there. Some of these languages include English, Afrikaans, North Sotho and Tsonga. Although South Africa has been influenced by Western culture, South African culture, most notably music and literature, not only continues to flourish there, but is renowned all over the world. South Africa has a population of about 44 million. Pretoria is the Republic's capital city, although Cape Town acts as it legislative capital, and Bloemfontein is the country's judicial capital.

Pre-viewing Discussion

Using a web, brainstorm with your students to determine who they consider to be members of their family. Share with your students that families come in all shapes and sizes and that a family is a group of adults and children who care for, love, protect and help each other. Use the following questions to help students access their thoughts and ideas about families.

- Who do you care for, love and help?
- Who cares for, loves and helps you?
- Does a family member have to be a person who lives with you?

After this discussion, ask students to draw a family portrait which includes all the people who they consider to be members of their family.

Follow-up Discussion

After viewing the program with your class, discuss the similarities and differences between their families and Barbara's. Refer students back to the original definition of a family: *A group of adults and children who care for, love, protect, and help each other.* Ask them to provide examples from the video that demonstrate how this particular family expresses love, shows care and provides help for each other.

Follow-up Activities

- After school, Barbara and her friends like to meet up at their playground. Have students think about where they go to play, and how, like Barbara, they use their imaginations to turn ordinary places and objects into extraordinary things. Provide each student with a large piece of plain colored construction paper, and ask them to fold it in half. On one half of the paper ask them to illustrate the place or object as it really is. One the other half, ask them to illustrate the place or object as they imagine it to be while involved in play. A good read-aloud on this topic is *Roxaboxen* by Alice McLerran (Penguin USA, 1992).
- Barbara loves listening to her grandpa tell stories about their family history. Ask students to think about what an elderly person can teach them that perhaps a younger person can not. Students could visit a local retirement community to spend time with elderly people to discover what things were like when they were young.
- Divide your class into groups to read and then create a dramatic presentation of an African folktale. Students can read the story, assign parts, create scenery and costumes, and then perform for the class.
- One food that is a staple of Barbara's diet is *pap*. Prepare *pap* with your class, along with some other South African dishes. A good recipe for *pap (mieliepap)* and other South African foods can be found at: www.sa-austin.com/recipes.html
- Teach your students an African song or chant. A good selection, with tips on pronunciation, can be found at: www.canteach.ca/elementary/africasong.html
- Teach your students some traditional African games, like String Games or *Kameshi Ne Mpuku*. It may be useful to explain to students that African children like Barbara who live in rural areas do not have access to toy stores. They have to rely on what is in their environment or in their imaginations to create toys and games. African String Games can be found at: teacherlink.ed.usu.edu/tlresources/units/byrnes-africa/ELIJOH/index.htm Information regarding *Kameshi Ne Mpuku* can be found at: teacherlink.ed.usu.edu/tlresources/units/byrnes-africa/angbir/index.htm

Suggested Internet Resources

Periodically, Internet Resources are updated on our Web site at www.LibraryVideo.com

- **www.peacecorps.gov/kids/world/africa/southafrica.html**
  This is a nice, child-friendly site providing basic facts and information about South Africa.

(Continued)